

Tottori Prefecture is pleased to announce three new luxury tours. Each tour offers opportunities to encounter aspects unique to each of the three main regions in Tottori Prefecture, from forest bathing in the beauty of nature to spiritually enriching excursions.

【 Spiritual Experiences at Mt. Daisen and Kaike Onsen (Western Tottori Area) 】

Discover a blend of idyllic nature and traditional spiritual experiences in the region home to Mt. Daisen, the highest peak in western Japan.

On the Western Tottori area tour, experience the interlinking of nature and spirituality that has influenced the western region of Tottori Prefecture for centuries.

Across 3 days and 2 nights, participants will encounter a new side Mt. Daisen through a snow-shoe trekking tour of the surrounding beech forests, reinvigorate the senses with Zazen meditation and Shojin Ryori vegetarian cuisine at the nearby Daisen-ji Temple, and even take home a piece of Tottori's traditional crafts with a Jizo statue making experience.

Accommodation includes an overnight stay at the famous Kaike Onsen hot-spring, renowned for its spacious open-air baths, ocean-facing views and delectable seafood cuisine.

Those interested in seeing the majestic vistas of western Japan's highest peak and seeing how it has influenced the cultural practices of locals in the region should not miss out on this exclusive tour!

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【 Heal the Mind and Body: Onsen & Local Cuisine (Central Tottori Area) 】

Heal the mind, body and soul through the rich history, food, culture, and mountain asceticism of the central Tottori area.

On the Central Tottori area tour, spend 3 days and 2 nights taking a soak in the radon-rich natural hot-springs and encounter the unique cultural assets of the region.

Participants will learn about the rich culinary history of the region with a high-quality Tottori Wagyu meal and sampling of seafood from the Sea of Japan before embarking on a forest bathing experience amongst the serene, untouched nature of the area and viewing what is often called 'Japan's most dangerous National Treasure', Mt. Mitoku Sanbutsu-ji Temple.

Accommodation includes two relaxing hot-spring inns, including a stay at Misasa Onsen, one of the world's best radon hot springs, to cleanse the body and soul.

Those interested in a spiritually rewarding tour with a glimpse into little-known culinary, spiritual and natural culture and history should not miss out on this experience!

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【 Explore Tottori's 'Folk Art' Movement (Eastern Tottori Area) 】

Learn about the deep rooted history of the folk art movement in Tottori Prefecture from the key figures involved.

On the Eastern Tottori Area tour, discover the long-valued history of local Mingei Folk Art from key people connected to the movement.

Across 3 days and 2 nights, participants will travel to the Tottori Folk Crafts museum to see over 5000 pieces of folk art on display, discover the techniques involved in creating bespoke fountain pens, and hear about the history of Ushinodo Yaki pottery from members of the Nakai Kiln themselves.

Accommodation includes two hot-spring inns, the perfect way to relax and unwind after a busy day of sightseeing.

Those interested in deepening their knowledge of Japanese art and observing how traditional handicraft techniques have been passed down into the modern age should not miss out on this tour!

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