

TOTTORI UMINAMI ROAD

A Tottori Uminami Road

★★★ Course Difficulty

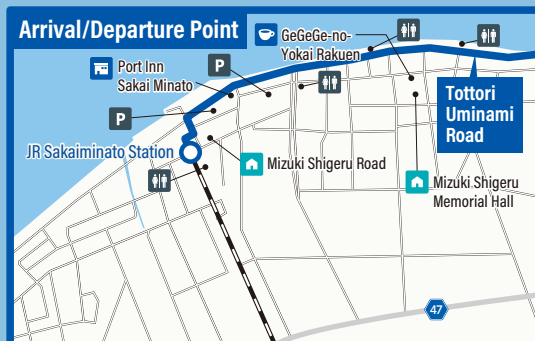
> Distance: 152 km > Elevation gained: 1,086 m

START JR Sakaiminato Station or JR Higashihama Station
GOAL JR Higashihama Station or JR Sakaiminato Station

Along the way are sightseeing spots such as the Tottori Sand Dunes, fresh seafood from the Sea of Japan, and Kaike Onsen, for a cycling route that lets you fully experience Tottori.



ROUTE CHECK



Tottori Uminami Road Access to the Arrival/Departure Points

To JR Sakaiminato Station

From Yonago Kitano Airport
Bus Approx. 25 min. on the Hama Loop Bus
Train Approx. 15 min. from JR Yonago Airport Station on the JR Sakai Line

From JR Yonago Station

Train Approx. 45 min. on the JR Sakai Line

To JR Higashihama Station

From Tottori Sand Dunes Conan Airport
Train Approx. 40 min. from JR Tottori-daigakumae Station on the JR Sanin Main Line (Transfer toward Hamamatsu at JR Tottori Station)
Bus Approx. 20 min. to JR Tottori Station by shuttle bus
Train Approx. 30 min. from JR Tottori Station on the JR Sanin Main Line

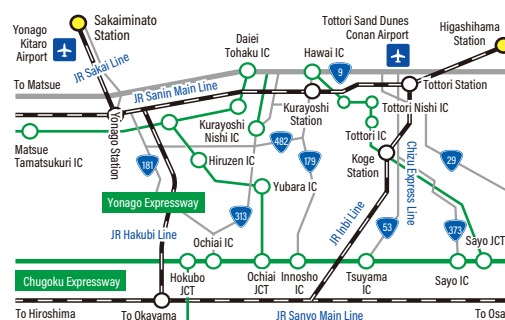
From JR Tottori Station

Train Approx. 30 min. on the JR Sanin Main Line

Improving the Cycling Environment

Installation of arrows and warning signs

Arrows and bicycle pictograms have been installed on the left side of the roadway so that you can cycle safely and without losing your way along the Tottori Uminami Road. Road markings and signboards have also been installed in areas requiring attention.



Car	Tottori	Karuyoshi	Yonago
Osaka	Approx. 2 hours 30 min	Approx. 3 hours 20 min	Approx. 3 hours 30 min
Okayama	Approx. 2 hours 30 min	Approx. 2 hours 10 min	Approx. 2 hours
Hiroshima	Approx. 4 hours	Approx. 3 hours	Approx. 3 hours

Train	JR Osaka Station (JR Shin-Osaka Station)	Shinkansen Approx. 1 hour	JR Tottori Station
Super Hakuto limited express (Approx. 2 hours 20 min.)		JR Okayama Station Approx. 40 min.	
Super Inabe limited express (Approx. 1 hour 40 min.)		Yakumo limited express (Approx. 2 hours)	JR Yonago Station

Airplane	Haneda Airport (Tokyo)	Tottori Sand Dunes Conan Airport
	Approx. 1 hour 10 min.	
	Approx. 1 hour 20 min.	

Tottori Prefectural Government, Shining Tottori Creation Headquarters, Tourism and Exchange Bureau
Tourism Strategy Division, Cycle Tourism Promotion Office
More information on accessing Tottori can be found here
〒220 Higashimachi, Tottori 680-8510 / TEL 0857-26-7273
https://www.tottori-guide.jp/075.html

Gourmet

Enjoy food to the fullest in Food Paradise Tottori Prefecture!

Information on food in Tottori Prefecture can be found here!
Tourist information for Tottori/Japan



PICK UP -1 Matsuba Crab

Season November to March
The king of flavor, representing Tottori in winter



PICK UP -2 Iwagaki Oyster

Season June to August
A natural rock oyster characterized by its large body



PICK UP -3 White Squid

Season June to November
Sweet squid representing summer in the Sanin area



PICK UP -4 Mosaebi Shrimp

Season September to May of the following year
A fantastic delicacy that can only be enjoyed locally



PICK UP -5 Tottori Wagyu

Season Year-round
The root of branded beef all over the country



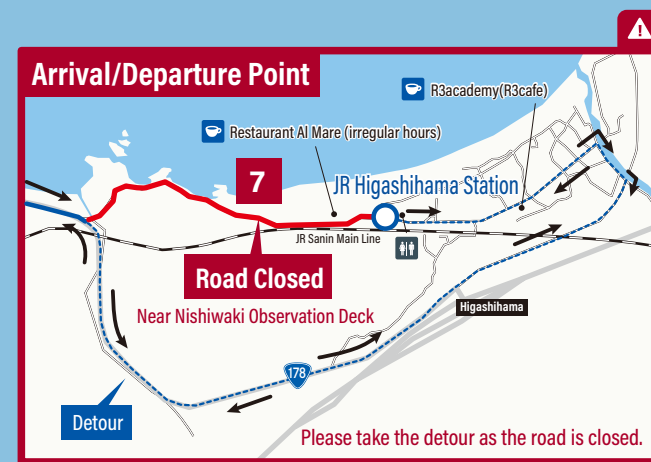
PICK UP -6 Nijisseiki Pear

Season Late August to late September
A representative fruit of Tottori



PICK UP -7 Gyukotsu Ramen

Local ramen using beef bone soup

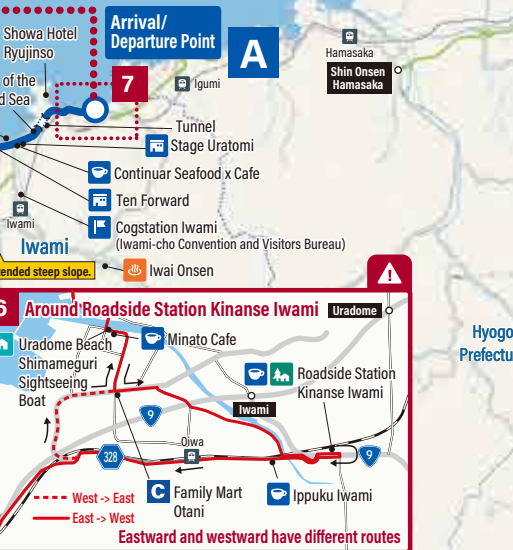


Tottori Prefecture

TOTTORI UMINAMI ROAD

Distance 152km | Elevation gained 1,086m

Includes 9 other courses in Tottori Prefecture



Highlights



RECOMMEND-1 Mizuki Shigeru Road

A path lined with bronze yokai statues, including GeGeGe no Kitaro, and shops selling yokai goods.
Address Taishomachi, Sakaiminato



RECOMMEND-2 Motoike Museum

A leather art museum by Hideo Motoike, the world's one and only leather doll maker.
Address 4841 Oshinotsucho, Yonago



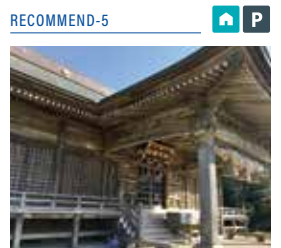
RECOMMEND-3 Hino River

The largest river in the prefecture. On a clear day, you can see the beautiful Mt. Daisen from the riverbed.
Address Hiezu Village



RECOMMEND-4 Mikuriya Fishing Port

There are restaurants where you can enjoy fresh seafood and numerous art murals.
Address 29-4 Mikuriya, Daisen-cho, Saihaku-gun



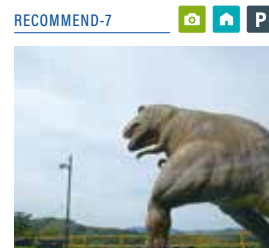
RECOMMEND-5 Kanzaki Shrine

The magnificent dragons carved into the ceiling are a must-see.
Address 210 Akasaki, Kotoura-cho, Tohaku-gun



RECOMMEND-6 Goshio Aoyama Manga Factory

Manga museum for the original author of Detective Conan.
Address 114 Yurashuku, Hokuei-cho, Tohaku-gun



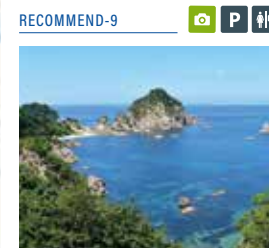
RECOMMEND-7 Shiokaze-no-Oka Tomari

Features impressive, life-sized models of dinosaurs.
Address 1313 Tomari, Yurihama-cho, Tohaku-gun



RECOMMEND-8 Tottori Sand Dunes

A tourist destination Tottori Prefecture is famous for. You can also enjoy various activities such as fat biking.
Address Fukube-cho Yuyama, Tottori-shi



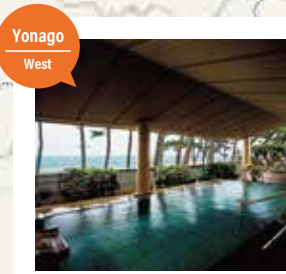
RECOMMEND-9 Shirawara Observation Deck

Enjoy the beautiful scenery of a ria coast, which is also certified as the San' in Kaigan Geopark.
Address Tajimi, Iwami-cho, Iwami-gun

Onsen

Refresh your tired body in the hot spring heaven that is Tottori prefecture!

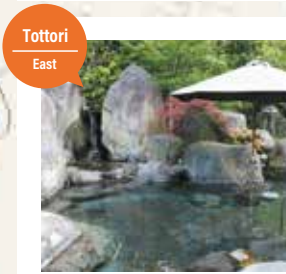
Information on hot springs in Tottori Prefecture can be found here!
Tourist information for Tottori/Japan



Hot spring resort facing the Sea of Japan

Kaike Onsen

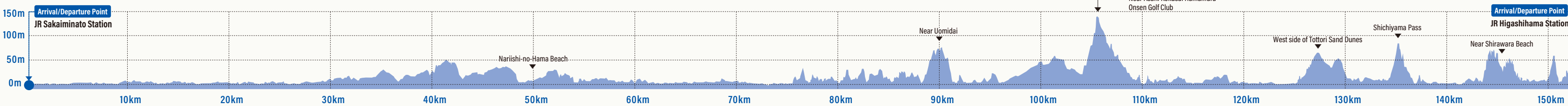
A hot spring that bubbles up on the coast of the Yumigahama Peninsula, which extends into the sea of Japan and overlooks the beautiful Mt. Daisen. A tourist resort area that is bustling with beachgoers in the summer.
Inquiries Kaike Onsen Ryokan Association
Tel. 0859-34-2888



Hot spring at the foot of Mt. Juboyama

Shikano Onsen

A hot spring located in Shikano, a quiet castle town which is also associated with the Sengoku period warlord Shikano Suke Yamana.
Inquiries Tottori City Shikano Orai Koryukan Dream
Tel. 0857-38-0030



Tottori Uminami Road

Elevation Map

Route is different in the area (around the Roadside Station Kinase Iwami), so please check the Tottori Bike Tour website.

Published March 2024



Daijoubu System

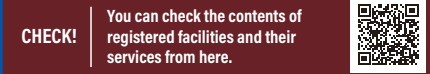
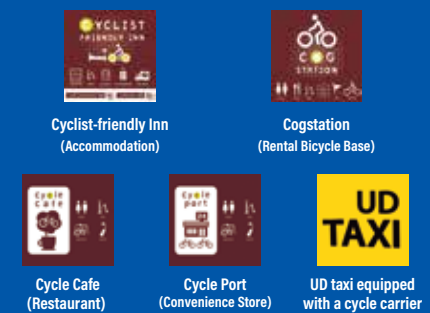
The "Daijoubu System" , an ally of cyclists!

The Daijoubu System is a support system for cyclists in Tottori Prefecture that is promoted with the cooperation of local communities in order to provide safe and comfortable cycling. Depending on the characteristics of the registered facility, we provide services such as installing bike racks, pumping air in the tires, tools, use of toilets, and water provision.

*There are more than 350 registered facilities in the prefecture. (As at March 2024)

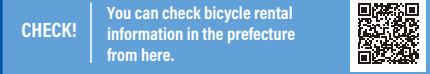


The following five types of "Daijoubu System" are used.



Cogstations & Rental Bicycles

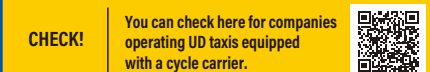
In the prefecture, in addition to the Cogstations (bicycle rental bases), rental bicycles are provided at tourist facilities and traffic node stations amongst others.



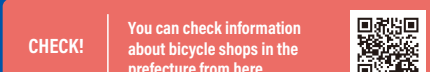
UD taxi equipped with a cycle carrier

If you are unable to move due to a problem while cycling, please use a UD Taxi equipped with a cycle carrier to load your bicycle inside the vehicle.

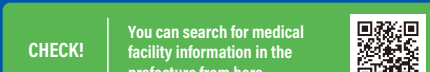
*One bicycle can be affixed to the carrier for each taxi.
*You can use it for the price of a minicab fare.



Bicycle shop



Medical facility



B Yumigahama Cycling Course

Course Difficulty ★☆☆

Distance: 15.8 km Elevation gained: 64 m

START Sakai Yumeminato Terminal or Hinogawa River Estuary
GOAL Hinogawa River Estuary or Sakai Yumeminato Terminal

A scenic cycling course that runs along sandy beaches and through pine forests, offering views of Mt. Daisen across the ocean. There is also a foot bath (Ashiyu) at Kaika Onsen on the course, which can soothe your tired feet.



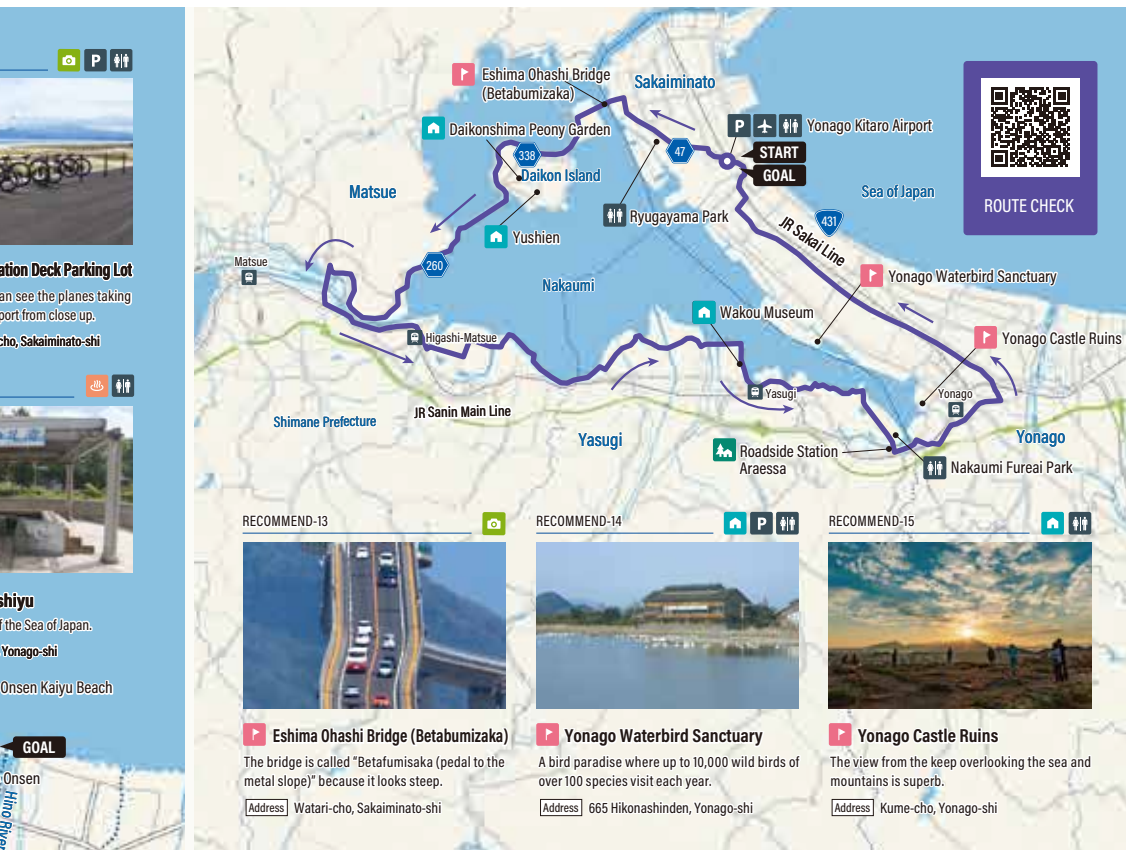
F Daisen Highlands Cycling Route

Course Difficulty ★☆☆

Distance: 9.3 km Elevation gained: 183 m

START Daisen-cho Tatarado intersection
GOAL Houki-cho Kanayadani intersection

It is a gentle cycling route across the middle of Mt. Daisen.



C Lake Nakaumi Cycling Route

Course Difficulty ★★☆☆

Distance: 70.4 km Elevation gained: 332 m

START Yonago Kitaro Airport
GOAL Yonago Kitaro Airport

A cycling route that goes around Nakaumi, which is registered under the Ramsar Convention. Along the line is the Eshima Ohashi Bridge, which is known as "Betabumizaka (pedal to the metal slope)".



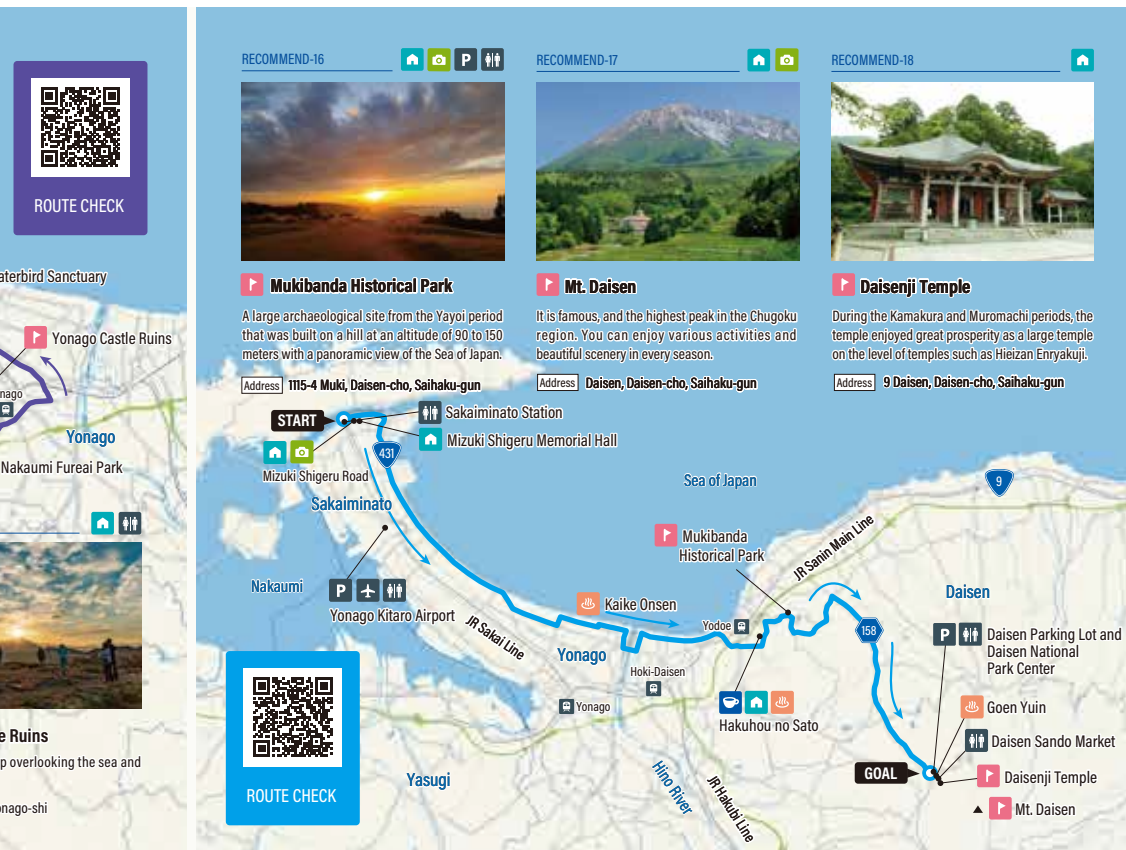
H Kurayoshi Togo Cycle Road

Course Difficulty ★★☆☆

Distance: 24.3 km Elevation gained: 63 m

START Ishizuka, Kurayoshi-shi
GOAL Nagouta, Yurihama-cho

An easy-to-ride cycling route that follows the abandoned former National Railways Kurayoshi Line to the shores of Lake Togo, where you can enjoy a variety of scenery. You can enjoy sightseeing at spots in the central part of the prefecture such as the Kurayoshi Shirakabe Storehouses, Hawaii and Togo Onsen.



D Sea-to-Summit Kaika/Daisen Route

Course Difficulty ★★☆☆

Distance: 48 km Elevation gained: 993 m

START JR Sakaiminato Station
GOAL Daisen Parking Lot

A cycling route that runs from Sakaiminato via Kaika Onsen and up to Mt. Daisen, the highest peak in the Chugoku region, allowing you to enjoy cycling around the sea, the countryside, and the mountains all at once.



I Tottori-Okayama Connection Cycling Route

Course Difficulty ★★☆☆

Distance: 46.6 km Elevation gained: 1,167 m

START JR Tottori Station
GOAL Tatsumi Pass

A cycling route from Tottori Station to Tatsumi Pass, one of the best mountain passes in the Chugoku region. An irresistible section for hill lovers awaits them near the pass.



E Hino River Cycling Route

Course Difficulty ★☆☆

Distance: 18.3 km Elevation gained: 88 m

START Kaika Ohashi Nishizume
GOAL Kaika Ohashi Nishizume

A flat cycling route running along the Hino River. You can see the gently sloping and beautiful Mt. Daisen, known as "Houki Fuji."



J Yazu-Wakasa Circuit Cycling Route

Course Difficulty ★☆☆

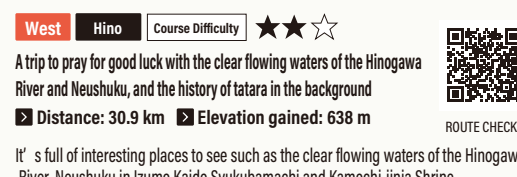
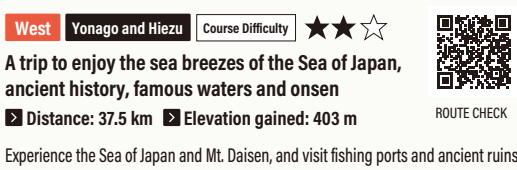
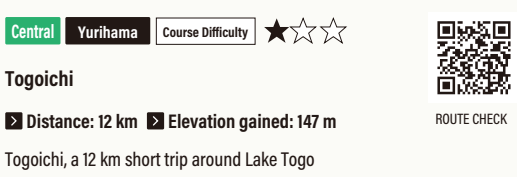
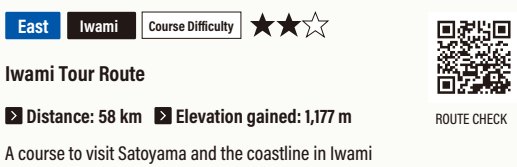
Distance: 44.2 km Elevation gained: 499 m

START JR Koge Station
GOAL JR Koge Station

Wakasa Railways, a Nationally Registered Tangible Cultural Property, is built in parallel with the route, and you can enjoy both the railway and cycling in the countryside.

Other recommended cycling trails

In Tottori Prefecture, there are many attractive cycling trails that take advantage of the rich natural land.



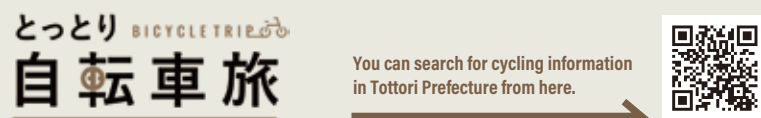
MANNERS

Follow the rules and enjoy cycling >
Basic rules for safe cycling



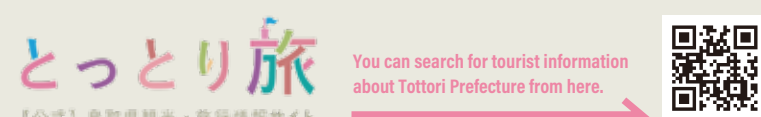
INFORMATION

Tottori Prefecture cycling information



We also put out information on SNS! Official Instagram Official Facebook

Tottori Prefecture tourist information



Tottori Prefectural Government, Shining Tottori Creation Headquarters, Tourism and Exchange Bureau Tourism Strategy Division, Cycle Tourism Promotion Office

1-220 Higashimachi, Tottori 680-8570, Tel: 0857-26-7273

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